



Gluten Free Asian Appetizer Recipe Sweet and Sour Meatballs

The most popular Chinese restaurant dish, chunks of pork or chicken, battered and deep fried to golden crisp then toss with Sweet and Sour sauce and pineapples and red bell peppers.



Ingredients: 4 Servings with 6 meatballs each
24 oz. Meatballs, frozen, select gluten free
 $\frac{3}{4}$ C. **Hawaiian Sweet & Sour Sauce** Gluten Free ([Starport 215](#))



Instructions:

1. Cook frozen Meatballs per package instructions. Microwave 3 minutes or bake in oven 15-20 minutes at 375 F. Drain off excess oil after heating.
2. Heat **Sweet and Sour Sauce** in a large pot, when hot, toss and coat meatballs with sauce then let simmer until meatballs are coated evenly.